



## Stage 40 - AMETTES TO ABBAYE DE BELVAL (living Cistercian Nunnery)

**Distance** - 25.2km / 15.6 miles

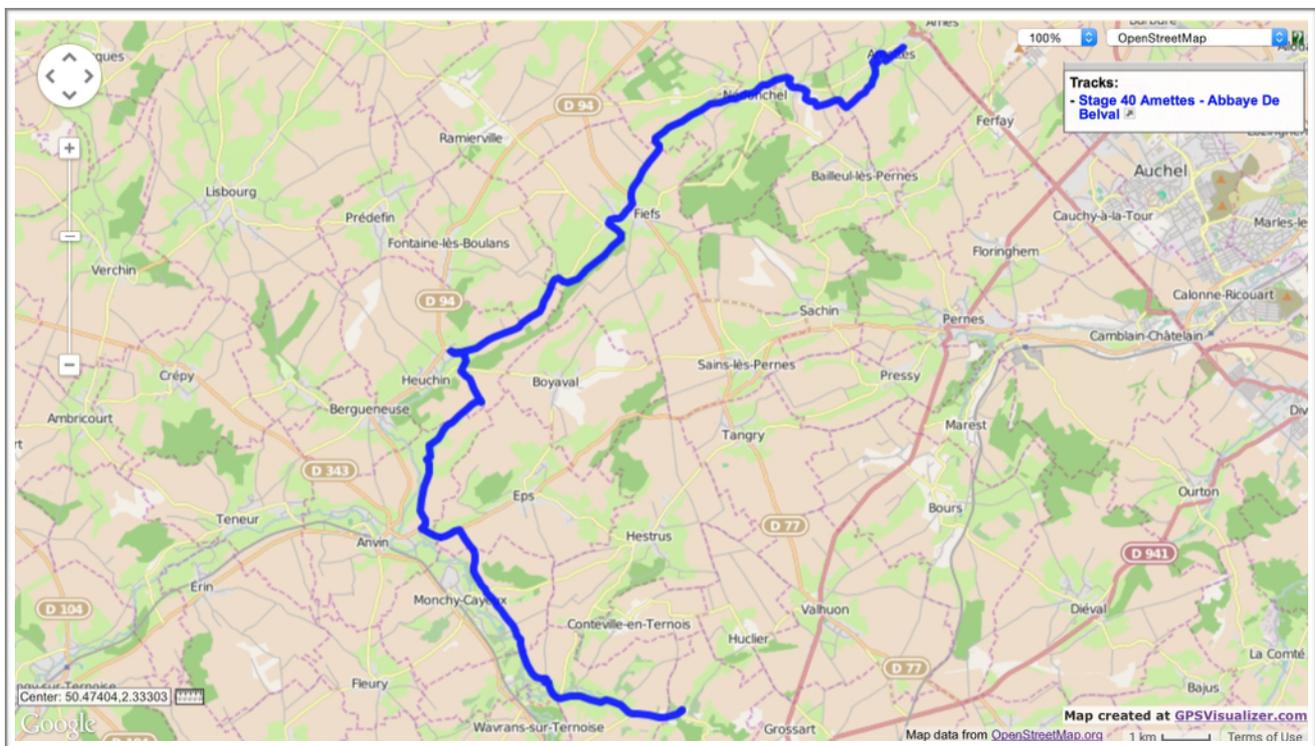
**GR Top100 Map** - 101 Lille Boulogne-sur-Mer

**Timings** - 7 - 7.5 hours average time based on Naismith's rule

**Total ascent** - 385m

**Total descent** - 360m

**Description** - The official route heads straight to Bruay but medieval Pilgrims would have travelled via Abbeys en-route to Citeaux. This slight detour takes the opportunity of visiting and staying at a modern day Cistercian Abbey. The stage uses farm tracks and minor roads along the way.



### Walk description

1 - With the Marie behind you pass through the car park ahead to the road and turn left halfway down the hill to continue left along Rue du Grand Noel. Continue along the main track keeping left and at the path T junction turn right (direction les collines du Pernois) to reach the road. Turn left at the road along Rue de Nedonchel and right past the church, direction Auchy au Bois. Pass the farm on the left and then before the top of the hill turn left, direction GR127.

2 - At the road turn left and then keep right down Rue du 1er Mai. Go round the right hand bend and then left Rue Neuve - the road becomes a track. Pass under the power lines onto the grass track and continue straight ahead ignoring tracks left and right. In Fries reach a road on the corner of Rue Tailly and turn left, then right direction Heuchin D92, marked GRP Ternois Nord.

3 - Just after passing the cemetery on the right take the track left before reaching the road left to Heuchin D92. Turn right down the grass track marked GR Ternois Nord. Eventually join the D92E1 and follow the road almost to Heuchin.

4 - Just before the village where the road bends right take the track left crossing over the stream to pass to the left of the white house on the right up the hill. Keep on the wide main track to the road at the top and then cross over to another track, GR Ternois Nord. Keep left and then right before turning right between the fields to skirt to the right of two hills. Ignore the track on the right and carry on ahead.

5 - After passing round the second hill slightly downhill the track bends right. Take the next left (forbidden for motor vehicles) GR Ternois Nord. This track goes through the woods and then meets a track from the left. Carry on slightly right and straight on to reach the main road at Anvin.

6 - Turn left on the main road D70 heading out of the village and then the second road on the right, marked GR Tenois Sud. Follow the road uphill and bear right to pass the GR Ternois Nord sign on the left. Cross over the road between the fields to continue on the track. Where a track comes from the left bear slightly right and straight on up the hill GR Ternois Nord, and then right to continue on the grass track to reach a road.

7 - At the road turn right (church on the right) down the hill to the main road. At the road D99 turn left and continue round the left corner and then straight on to take Rue de Belval to Belval. In Belval turn left at the sign Abbaye de Belval.